

Distribution

- *Infant/Toddler Classroom Forms*
- *Front Desk Forms*

(Month)

Infant Feeding Plan
For children ages 6 weeks-12 months

Child's Full Name: _____

Date of Birth: ____/____/____

Instructions to Parents/Guardians:

- Bottles must be pre-mixed (if applicable), labeled with child's full name, current day's date and ready to be served.
- Breast milk must be prepared and stored in a bottle ready for use with the amount of milk for one feeding, labeled with the child's full name, and date of collection. *frozen storage bags are not permitted.
- Update diet information as needed or every 30 days. Use a new form or initial/date changes on this form.

Introduction of Solid Foods:

The introduction of age-appropriate solid foods should preferably occur at six months of age, but no sooner than four months. Has the parent discussed with the child's primary caregiver that the child has met appropriate developmental skills for the introduction of solid foods? Yes No Parent Initials: _____

The child has met the following developmental skills:

- Can hold his/her head steady? Yes No
 Opens mouth/leans forward in anticipation of food offered? Yes No
 Closes lips around a spoon. Yes No
 Transfers food from front of the tongue to the back and swallows? Yes No

Does child feed self? Yes No

Child's diet includes (check all that apply):

- | | | | |
|-------------|--------------------------|----------------|--------------------------|
| Formula | <input type="checkbox"/> | Juice | <input type="checkbox"/> |
| Breast Milk | <input type="checkbox"/> | Baby Foods | <input type="checkbox"/> |
| Whole Milk | <input type="checkbox"/> | Strained Foods | <input type="checkbox"/> |
| Water | <input type="checkbox"/> | Table Foods | <input type="checkbox"/> |

Formula type: _____
Bottle's Formula Amount: _____
Breast Milk Storage: <input type="checkbox"/> Bottles
Bottle's Breast Milk Amount: _____

Food Likes: _____
 Food Dislikes: _____
 Allergies: _____
 Restrictions: _____

Feeding	Time of Day	Type and Approximate Amount of Food

Additional Instructions (i.e., for the introduction of solid foods, dietary changes):

I understand it is my responsibility to keep **Future Explorers Academy** updated, in writing, as my child's needs change or **every 30 days**, that it is Future Explorers Academy's policy that bottles are held, not propped, during feeding & that bottles are discarded within an hour after warmed. Unused breast milk will be sent home. Not discarded.

Parent/Guardian Signature

____/____/____
Date